

# LOVE THE GOLDEN RULE, INC

3000 1<sup>st</sup> Ave N, St. Petersburg, FL 33713

PH: 727-826-0700 FAX: 727-954-6994



Date: \_\_\_\_\_

## Personal Information:

Patient Name: \_\_\_\_\_  
(Last) (First) (Middle)

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Sex (Legal): M/F

Home Phone: \_\_\_\_\_ Cell: \_\_\_\_\_ Other: \_\_\_\_\_

Social Security #: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Employer: \_\_\_\_\_ Phone: \_\_\_\_\_

Spouse/Partner: \_\_\_\_\_ Physician: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Reason for Visit: \_\_\_\_\_ Previous Doctor: \_\_\_\_\_

Pharmacy: \_\_\_\_\_ Phone: \_\_\_\_\_

Pharmacy Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_

How did you hear about us? \_\_\_\_\_

## Demographic:

Which of the following best describes you?

*Please select one answer.*

- ☐ Asian or Pacific Islander
- ☐ Black or African American
- ☐ Hispanic or Latino
- ☐ Native American or Alaskan Native
- ☐ White or Caucasian
- ☐ Multiracial or Biracial
- ☐ A race/ethnicity not listed here

# LOVE THE GOLDEN RULE, INC

3000 1<sup>st</sup> Ave N, St. Petersburg, FL 33713

PH: 727-826-0700 FAX: 727-954-6994



## Love the Golden Rule Consent Form

### Authorization to Release Information:

I Hereby authorize Love the Golden Rule, Inc. to release to my insurance carrier(s) any information acquired during my examination or treatment required for payment of any insurance claim.

Signed: \_\_\_\_\_ Dated: \_\_\_\_\_

### Assignment of Benefits:

I hereby authorize payment directly to Love the Golden Rule, Inc. for medical benefits. I understand that I am financially responsible for the charges not covered by the insurance company.

Signed: \_\_\_\_\_ Dated: \_\_\_\_\_

### Electronic Privacy Waiver:

I understand that my medical records may be transmitted electronically. Although every effort will be made to assure the records are sent/received by the appropriate third party, I absolve Love the Golden Rule, Inc./

Robert J. Wallace MD from liability should they be received in error by a third party. I give my consent to fax my records for the purposes of treatment, payment, or healthcare operations and understand that I may withdraw this consent at any time in writing.

Signed: \_\_\_\_\_ Dated: \_\_\_\_\_

### Acknowledgement of Office Policies:

I am aware that I will be charged \$50-\$175 for missed appointments not cancelled 24 hours in advance. I am also aware that \$25 will be charged for preparation of FMLA/private disability forms at the time the forms are dropped off at the office.

Signed: \_\_\_\_\_ Dated: \_\_\_\_\_

### Permission to Share Medical Information:

You have my authorization to share my medical records and medical information with the following people:

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Signed: \_\_\_\_\_ Dated: \_\_\_\_\_

If you would like them released to **no one** then sign here:

Signed: \_\_\_\_\_ Dated: \_\_\_\_\_

**Please note, this page must be printed and signed.**

# LOVE THE GOLDEN RULE, INC

3000 1<sup>st</sup> Ave N, St. Petersburg, FL 33713

PH: 727-826-0700 FAX: 727-954-6994



## Love the Golden Rule Consent Form

### Permission to Leave Messages on Answering Machine:

By signing below, you authorize us to leave voice/text/email messages regarding appointment reminders, referral information, etc. on the numbers below. We will use your email address to create a portal account for you so can access your labs/appointment reminders/messages through our secure portal:

Email Address: \_\_\_\_\_

Mobile Number: (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Other Number (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Signed: \_\_\_\_\_ Dated: \_\_\_\_\_

### Medications:

#### Request Refills of Medications

Refills on medications should be done during your appointment with your provider. Please check your refills before you come see us and confirm you will have enough medication to last until your NEXT appointment.

Prescriptions that are lost, stolen, or destroyed will not be replaced.

#### Request a New Medication

Any new medication prescription will require an office visit with a physician. Please call the office to inquire.

Signed: \_\_\_\_\_ Dated: \_\_\_\_\_



## Patient Treatment Agreement

Dear Patients,

We reserve the right to refuse care to anyone for any reason. The philosophy of Love the Golden Rule is to "Do unto others as you would have done to you. That means to treat everyone the way you want to be treated. Our expectation of you is that we will treat you with respect and we expect the same from you.

Here are the rules of the clinic:

1. The use of swear words, or cursing will no be tolerated. The use of the "F" word will especially not be tolerated.
2. If we feel that you are being aggressive or threatening you will be asked to change your tone. If you do not you will be asked to leave the clinic. If you are on the phone my staff will ask you to change your tone or the call will be terminated.
3. If you make repeated phone calls leaving the same message, we will return your call and let you know that you are not to continue that behavior.
4. If you have just called and we return your call and you do not answer you are to listen to the message we left, you before returning a call to the office.
5. If you appear to be intoxicated or under the influence of drugs you will be asked to leave the clinic.
6. If you fail to make your appointment without calling to cancel at least 24 hours in advance it will be documented and missed appointment charged to your account. After the 3<sup>rd</sup> missed appointment, you will not be given any further appointments.
7. If you feel that you have been treated unfairly Dr. Wallace will want to speak to you personally so you can share your experience and see if there is something we need to improve upon.
8. If at any time Dr. Wallace has determined that the relationship cannot continue you will be sent a certified letter informing you of that decision and you will need to find another doctor.

The most important thing to remember is that this clinic was developed to help those in need. We all at some point need help and by living the Golden Rule you will find that your life will improve.

Signed: \_\_\_\_\_ Dated: \_\_\_\_\_



# LOVE THE GOLDEN RULE, INC

3000 1<sup>st</sup> Ave N, St. Petersburg, FL 33713

PH: 727-826-0700 FAX: 727-954-6994



## AUTHORIZATION TO DISCLOSE CONFIDENTIAL INFORMATION

### INFORMATION MAY BE DISCLOSED BY:

Love the Golden Rule, Inc.

3000 1<sup>st</sup> Ave N

St. Petersburg, FL 33713

Phone: 727-826-0700

Fax: 727-954-6994

### INFORMATION MAYBE DISCLOSED TO:

Person/Facility: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ Fax: \_\_\_\_\_

METHOD OF COMMUNICATION: Fax: \_\_\_\_\_ US Mail: \_\_\_\_\_ Other (Specify): \_\_\_\_\_

### INFORMATION TO BE DISCLOSED (INITIAL SECTION):

\_\_\_\_ General Medical Records, including STD and TB \_\_\_\_ Progress Notes \_\_\_\_ History and Physical Results  
\_\_\_\_ Immunizations \_\_\_\_ Family Planning \_\_\_\_ Prenatal Records \_\_\_\_ Consultations \_\_\_\_ All Lab Results  
\_\_\_\_ Other (Specify) \_\_\_\_\_

### I SPECIFICALLY AUTHORIZE RELEASE OF ALL INFORMATION RELATED TO (INITIAL SECTION):

\_\_\_\_ HIV Test Results for non-treatment purposes \_\_\_\_ Substance Abuse Service Provider Client Records  
\_\_\_\_ Psychiatric, Psychological or Psychotherapeutic \_\_\_\_ Early Intervention \_\_\_\_ WIC

### PURPOSE OF DISCLOSURE:

\_\_\_\_ Continuity of Care \_\_\_\_ Personal Use \_\_\_\_ Other (Specify) \_\_\_\_\_

EXPIRATION DATE: This Authorization will expire on \_\_\_\_\_. I understand that if I fail to specify an expiration date of event this Authorization will expire twelve (12) months from the date of which it was signed.

REISCLOSURE: I understand that once the above information is disclosed it may be redisclosed by the recipient and the information may not be protected by federal privacy laws or regulations.

CONDITIONING: I understand that completing this Authorization is voluntary. I realize that treatment will not be denied if I refuse to sign this form.

REVOCATION: I understand that I have the right to revoke this Authorization at any time. If I revoke this Authorization, I understand that I must do so in writing and that I must present my revocation to the medical records department. I understand that the evocation will not apply to information that has already been released in response to this Authorization. I understand that the revocation will not apply to my insurance company, Medicare and Medicaid.

\_\_\_\_\_  
Client/Representative Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Name

\_\_\_\_\_  
Date of Birth

**Please note, this page must be printed and signed.**

# LOVE THE GOLDEN RULE, INC

3000 1<sup>st</sup> Ave N, St. Petersburg, FL 33713

PH: 727-826-0700 FAX: 727-954-6994



## AUTHORIZATION TO RECEIVE CONFIDENTIAL INFORMATION

### INFORMATION MAYBE DISCLOSED BY:

Person/Facility: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ Fax: \_\_\_\_\_

### INFORMATION MAY BE DISCLOSED TO:

Love the Golden Rule, Inc.

Phone: 727-826-0700

3000 1<sup>st</sup> Ave N

Fax: 727-954-6994

St. Petersburg, FL 33713

METHOD OF COMMUNICATION: Fax: \_\_\_\_\_ US Mail: \_\_\_\_\_ Other (Specify): \_\_\_\_\_

### INFORMATION TO BE DISCLOSED (INITIAL SECTION):

\_\_\_\_\_ General Medical Records, including STD and TB \_\_\_\_\_ Progress Notes \_\_\_\_\_ History and Physical Results

\_\_\_\_\_ Immunizations \_\_\_\_\_ Family Planning \_\_\_\_\_ Prenatal Records \_\_\_\_\_ Consultations \_\_\_\_\_ All Lab Results

\_\_\_\_\_ Other (Specify) \_\_\_\_\_

### I SPECIFICALLY AUTHORIZE RELEASE OF ALL INFORMATION RELATED TO (INITIAL SECTION):

\_\_\_\_\_ HIV Test Results for non-treatment purposes \_\_\_\_\_ Substance Abuse Service Provider Client Records

\_\_\_\_\_ Psychiatric, Psychological or Psychotherapeutic \_\_\_\_\_ Early Intervention \_\_\_\_\_ WIC

### PURPOSE OF DISCLOSURE:

\_\_\_\_\_ Continuity of Care \_\_\_\_\_ Personal Use \_\_\_\_\_ Other (Specify) \_\_\_\_\_

EXPIRATION DATE: This Authorization will expire on \_\_\_\_\_. I understand that if I fail to specify an expiration date of event this Authorization will expire twelve (12) months from the date of which it was signed.

REISCLOSURE: I understand that once the above information is disclosed it may be redisclosed by the recipient and the information may not be protected by federal privacy laws or regulations.

CONDITIONING: I understand that completing this Authorization is voluntary. I realize that treatment will not be denied if I refuse to sign this form.

REVOCATION: I understand that I have the right to revoke this Authorization at any time. If I revoke this Authorization, I understand that I must do so in writing and that I must present my revocation to the medical records department. I understand that the revocation will not apply to information that has already been released in response to this Authorization. I understand that the revocation will not apply to my insurance company, Medicare and Medicaid.

\_\_\_\_\_  
Client/Representative Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Name

\_\_\_\_\_  
Date of Birth

**Please note, this page must be printed and signed.**

Patient's Name \_\_\_\_\_

## Medical History Worksheet

Date \_\_\_\_\_

Please all questions on these worksheets. If you don't want to answer a question put a line through the question.  
(These information sheets will be shredded after the information is entered into the electronic medical record.)

*Please mark the box ☒ in front of any of the things YOU have had. Select "NONE" if this does not apply.*

**Behavioral/Mental Health Problems** ☐ None

- ☐ Anxiety ☐ Attention-Deficit/Hyperactivity ☐ Bipolar Disorder ☐ Depression ☐ Schizophrenia  
☐ Other Behavioral/Mental Health Problems \_\_\_\_\_

**Birth Defects/Genetic Problems** ☐ None

- ☐ Yes \_\_\_\_\_ ☐ No

What kind? \_\_\_\_\_

**Blood Problems** ☐ None

- ☐ Anemia ☐ Sickle Cell Disease ☐ Sickle Cell Trait ☐ Other Blood Problems \_\_\_\_\_

**Cancer** ☐ None

- ☐ Bladder ☐ Breast ☐ Cervical ☐ Colon ☐ Lung ☐ Prostate ☐ Skin ☐ Uterine  
☐ Other Cancer \_\_\_\_\_

**Cardiovascular (Heart) Disease** ☐ None

- ☐ Chest pain ☐ Congestive Heart Failure ☐ Blood Clot in leg ☐ High Cholesterol / High triglycerides  
☐ High Blood Pressure ☐ Heart Attack ☐ Hardening or blockage of arteries/veins  
☐ Other Cardiovascular (Heart) Problems \_\_\_\_\_

**Ear, Nose, Throat, Mouth Problems** ☐ None

- ☐ Allergic Rhinitis ☐ Deaf/Hearing Impaired ☐ Dental Problems ☐ Chronic Sinusitis ☐ TMJ  
☐ Other Ear, Nose, Throat Problems \_\_\_\_\_

**Endocrine (Glands)** ☐ None

- ☐ Diabetes on Insulin ☐ Diabetes Not on Insulin ☐ Ovarian Cysts (Polycystic ovaries) ☐ Thyroid problems  
☐ Other Endocrine (Gland) Problems \_\_\_\_\_

**Eye Problems** ☐ None

- ☐ Blind/Visually Impaired ☐ Cataracts ☐ Glaucoma ☐ Problems with your Retina  
☐ Other Eye Problems \_\_\_\_\_

**GI Disease (Stomach/Intestines/Liver)** ☐ None

- ☐ Gall Stones/Inflamed Gall Bladder ☐ Cirrhosis ☐ Colitis ☐ Diverticulitis ☐ GERD (Reflux)  
☐ Hepatitis A ☐ Hepatitis B ☐ Hepatitis C ☐ Irritable Bowel Syndrome (IBS) ☐ Ulcer  
☐ Other GI Problems \_\_\_\_\_

**HIV Information** ☐ None

- ☐ AIDS ☐ HIV ☐ Been Tested and Negative ☐ Never Been Tested ☐ Don't Know

**Kidney Disease** ☐ None

- ☐ Kidney Disease ☐ Endometriosis ☐ Blood in Urine ☐ Kidney Stones ☐ Ovarian Cysts ☐ Prostate enlargement  
☐ Prostate Infections ☐ Urinary Tract Infections (UTI) ☐ Other Kidney Disease \_\_\_\_\_

**Lung Disease** ☐ None

- ☐ Asthma ☐ Bronchitis ☐ COPD ☐ Emphysema ☐ Pneumonia ☐ Blood Clot in Lung ☐ Tuberculosis  
☐ Other Lung Disease \_\_\_\_\_

Did your mother take DES? (Hormone given from 1938-1971 during pregnancy to prevent miscarriage)

- ☐ Yes ☐ No ☐ Don't Know ☐ What is this?

**Patient's Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Musculoskeletal (Bone) Problems** ☐ None

- ☐ Fractures ☐ Osteoarthritis ☐ Rheumatoid Arthritis ☐ Scoliosis  
☐ Other Bone Problems \_\_\_\_\_

**Neurological Disease** ☐ None

- ☐ Stroke ☐ Migraines ☐ Pain, numbness, tingling of fingers, toes, feet ☐ Seizures ☐ Ever fainted  
☐ Other Neurological Problems \_\_\_\_\_

**Skin Problems** ☐ None

- ☐ Acne ☐ Eczema ☐ Lupus ☐ MRSA ☐ Psoriasis ☐ Tattoos  
☐ Other Skin Problems \_\_\_\_\_

**STD (sexually transmitted disease)** ☐ None

- ☐ Chlamydia ☐ Herpes ☐ Gonorrhea ☐ HPV (warts) ☐ Syphilis  
☐ Other STDs \_\_\_\_\_

Have you ever had a blood transfusion or been given blood products? ☐ Yes ☐ No

Please mark the box, [X] If anyone in your family has had the following: (mother, father, sister, brother, children only)

- ☐ Cancer ☐ Diabetes ☐ Heart Disease ☐ High Cholesterol ☐ High Blood Pressure ☐ Stroke  
☐ Other disease in family \_\_\_\_\_

Have you ever been admitted to the hospital? ☐ Yes (Please list date and reason) ☐ No

Date: _____	Reason: _____
Date: _____	Reason: _____
Date: _____	Reason: _____
Date: _____	Reason: _____

Have you had any surgeries? ☐ Yes (Please list date and type of surgery) ☐ No

Date: _____	Surgery type: _____
Date: _____	Surgery type: _____
Date: _____	Surgery type: _____
Date: _____	Surgery type: _____

Please mark the box, [X] for the immunizations you have had:

<b>Vaccination</b>	<b>Last Known (approx. date)</b>
<input type="checkbox"/> Chicken Pox (Varicella)	_____
<input type="checkbox"/> Flu (Seasonal/Regular)	_____
<input type="checkbox"/> Flu (H1N1 / Swine)	_____
<input type="checkbox"/> Hepatitis A	_____
<input type="checkbox"/> Hepatitis A Series Complete	_____
<input type="checkbox"/> Hepatitis B	_____
<input type="checkbox"/> Hepatitis B Series Complete	_____
<input type="checkbox"/> Human Papillomavirus (HPV)	_____
<input type="checkbox"/> HPV Series Complete	_____
<input type="checkbox"/> Measles	_____
<input type="checkbox"/> Meningococcal	_____
<input type="checkbox"/> Pneumonia	_____
<input type="checkbox"/> Tetanus	_____
<input type="checkbox"/> Zoster	_____
<input type="checkbox"/> Other Vaccine	_____
<input type="checkbox"/> Other Vaccine	_____
<input type="checkbox"/> Other Vaccine	_____
<input type="checkbox"/> Other Vaccine	_____



Patient's Name \_\_\_\_\_

Date \_\_\_\_\_

Allergies Do you have any allergies to any of the following. ☐ Yes ☐ No

	Allergic To:	Reaction
Drugs		
Foods	<input type="checkbox"/> eggs <input type="checkbox"/> milk/dairy <input type="checkbox"/> nuts	
	<input type="checkbox"/> Shellfish <input type="checkbox"/> wheat	
Environmental	<input type="checkbox"/> dust <input type="checkbox"/> feathers	
	<input type="checkbox"/> pollen <input type="checkbox"/> insect stings	
	<input type="checkbox"/> iodine <input type="checkbox"/> pet dander	

Please list any medications you are taking.

Medication Name	Dosage	Instructions

#### Tobacco, Alcohol and other Substance Use

- ☐ Yes ☐ No Do you smoke?  
How many packs per day? \_\_\_\_\_
- ☐ Yes ☐ No Do you use smokeless tobacco?
- ☐ Yes ☐ No Other form of tobacco used: \_\_\_\_\_  
How long have you used tobacco products? \_\_\_\_\_ ☐ days ☐ weeks ☐ months ☐ years
- ☐ Yes ☐ No Have you used tobacco products in the past?  
How long ago? \_\_\_\_\_ ☐ less than 1 year ☐ more than 1 year ☐ other \_\_\_\_\_
- ☐ Yes ☐ No Do you drink alcohol? (A drink is considered a 12 oz. beer, a 5 oz. glass of wine or 1.5 oz. of liquor)  
How many drinks? \_\_\_\_\_ week \_\_\_\_\_ occasion

Do you abuse any of the following?

- ☐ Yes ☐ No over the counter medications
- ☐ Yes ☐ No prescription drugs
- ☐ Yes ☐ No street drugs
- ☐ Yes ☐ No other drugs. Type of drug: \_\_\_\_\_

Would you like to receive information to get help for tobacco, alcohol and/or drug use?

- ☐ Alcoholics Anonymous ☐ Drug Free America Hotline ☐ Florida Quitline (Smoking)
- ☐ Other type of assistance desired: \_\_\_\_\_

#### Nutrition and Exercise

- ☐ Yes ☐ No Do you eat 5 or more fruits and/or vegetables per day?
- ☐ Yes ☐ No Do you eat less than 2 meals per day?
- ☐ Yes ☐ No Do you exercise 30 minutes at least 3 times per week?

#### Safety

- Do you wear a seatbelt? ☐ Always ☐ Sometimes ☐ Rarely
- Do you wear a helmet when riding a bicycle/motorcycle? ☐ Always ☐ Sometimes ☐ Rarely ☐ I don't ride
- Are you exposed to hazards while ☐ Doing a Hobby ☐ At Home ☐ At Work ☐ Other hazard \_\_\_\_\_

Patient's Name: \_\_\_\_\_

Date: \_\_\_\_\_

**Domestic Violence**

- ☐ Yes ☐ No Does your relationship make you feel threatened, ashamed or unsafe at home
- ☐ Yes ☐ No Have you ever been hit, kicked, punched, slapped, shoved or bitten your spouse, boyfriend or partner?
- ☐ Yes ☐ No Would you like to receive information about a shelter or Domestic Violence Hotline?
- ☐ Domestic Violence Hotline ☐ Rape Crisis Hotline ☐ State Abuse Hotline ☐ CASA ☐ The Haven
- ☐ Other Abuse Information \_\_\_\_\_

**Sexual History**

Age at first sexual encounter: \_\_\_\_\_ Number of Sex Partners in the last year: \_\_\_\_\_

- ☐ Yes ☐ No Are you currently sexually active?
- Do you have any of the following risk factors for transmitted infections?
- ☐ Yes ☐ No Do you currently have anal sex?
- ☐ Yes ☐ No Are you a hemophiliac blood recipient?
- ☐ Yes ☐ No Are you an IV drug user?
- ☐ Yes ☐ No Do you have any occupational exposure?
- ☐ Yes ☐ No Do you have oral sex?
- ☐ Yes ☐ No Have you had sex for drugs or money?
- ☐ Yes ☐ No Do you have sex with women?
- ☐ Yes ☐ No Have you had sex with an HIV positive person?
- ☐ Yes ☐ No Have you had sex with an IV drug user?
- ☐ Yes ☐ No Do you have sex with men?
- ☐ Yes ☐ No Are you a man that has sex with men?
- ☐ Yes ☐ No Do you have sex without a condom?
- ☐ Yes ☐ No Are you a victim of sexual assault?

Please list any other risk factors you have: \_\_\_\_\_

- Do you use birth control? ☐ Yes ☐ No If yes, what type?
- |                                     |   |  |                                       |   |
|-------------------------------------|---|--|---------------------------------------|---|
| <input type="checkbox"/> abstinence | <input type="checkbox"/> male condoms             | <input type="checkbox"/> female condom                     | <input type="checkbox"/> spermicide   | <input type="checkbox"/> vaginal film   |
| <input type="checkbox"/> natural    | <input type="checkbox"/> combination pills        | <input type="checkbox"/> progestin only pills              | <input type="checkbox"/> Depo Provera | <input type="checkbox"/> hormonal patch |
| <input type="checkbox"/> diaphragm  | <input type="checkbox"/> vaginal ring             | <input type="checkbox"/> Implanon                          | <input type="checkbox"/> IUD          | <input type="checkbox"/> tubal ligation |
| <input type="checkbox"/> vasectomy  | <input type="checkbox"/> rely on female method(s) | <input type="checkbox"/> other type of birth control _____ |                                       |   |

**Women's Health**

- When was the first day of your last menstrual period (LMP)? \_\_\_\_\_
- When was your last mammogram? \_\_\_\_\_
- Have you ever had an abnormal mammogram? ☐ Yes ☐ No When? \_\_\_\_\_
- Do you practice self breast exams? ☐ Yes ☐ No How often? \_\_\_\_\_
- When was your last pap smear? \_\_\_\_\_
- Have you ever had an abnormal pap smear? ☐ Yes ☐ No When? \_\_\_\_\_
- Age at first pregnancy: \_\_\_\_\_ Number of times Pregnant: \_\_\_\_\_ Number of times given birth: \_\_\_\_\_
- Number of full-term births: \_\_\_\_\_ Number of pre-term births: \_\_\_\_\_ Number of abortions: \_\_\_\_\_
- Number of living children: \_\_\_\_\_ Number of multiple births: \_\_\_\_\_
- Age at first period: \_\_\_\_\_
- Are your periods ☐ regular ☐ irregular?
- Is your menstrual flow ☐ light ☐ normal ☐ heavy?
- How long does your period last? \_\_\_\_\_ days.
- How many days is your cycle (time from the start of one period to the start of the next period)? \_\_\_\_\_
- ☐ Yes ☐ No Do you have bleeding between periods?
- ☐ Yes ☐ No Do you have painful periods?
- Other problems with your period: \_\_\_\_\_
- ☐ Yes ☐ No Are you in menopause?
- When did you start menopause? \_\_\_\_\_
- ☐ Yes ☐ No Are you taking hormone replacements (for menopause)?